

What does an evaluation really detail?

Evaluate- cells, organs, glands, and systems.

Has any area of the body become compromised? Prioritize and support.

Nutrient uptake- Are the organs being nourished?

Check diet, digestive system, emotional stress, etc.

Glandular support- How is the communication and stress response of the body?

Liver and adrenals are on the top of the check list here! Diet and lifestyle too!

Filtering system- Is the body properly filtering toxins?

Open the filtering system and check for stored toxins.

Check the organs of elimination; lungs, colon, kidneys, skin, lymph, and liver.

Elimination of stored toxins- Is the body ready to remove stored toxins?

Remove toxins locked within the matrix of the body, time for detoxification!

Cellular repair- Repair damage caused by toxicity.

Maintenance- Continue to practice what you have learned.

Like a car the body needs care and attention to run properly!!!!

Great article- http://www.healthandwellnessportal.co.uk/article_food1.htm

I evaluate and help assist the body to return to a healthy state.