IODINE PATCH TEST INSTRUCTIONS

Patient Name _____ Date _____

1. Begin this test in the morning **(after showering)**.
2. Use 2% Tincture of Iodine to paint a "2 X 2" square on the inner arm.
   - 2% Tincture of Iodine is available from any drugstore or pharmacy. Be sure it's the original orange colored solution and not the clear solution.

APPROXIMATE SIZE OF THE IODINE PATCH SHOULD FILL THIS BOX

3. Write down your starting time: _____ : _____ am
4. Observe the coloration of the patch over the next 24 hours.
5. Record the hour of time for the following:
   - Hour patch began to lighten: _____ : _____ am / pm
   - Hour patch disappeared completely: _____ : _____ am / pm
6. Describe patch site after 24 hours:

_____

_____

_____

7. Any other observations or comments:

_____

_____

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